



GROUP RETREAT PLANNING GUIDE

**CASA CHANGO MEXICO
2025**

**CasaChangoMexico.COM
CasaChangoRetreats@gmail.com
Puerto Escondido, Oaxaca, Mexico**

ABOUT US

Casa Chango is southern Mexico's top eco-chic retreat center. We are located just outside of Puerto Escondido, yet immersed in nature for the best of both worlds. Enjoy beautiful rooms, swimming pool, jacuzzi, practice spaces, healthy Mexican and international food, nature excursions, and a supportive staff. We provide an extraordinary setting to make your dream retreat come true.

RELAX – TRAIN – EAT – SWIM – REPEAT



More about Casa Chango

2000 sq foot open air practice space

perfect for yoga, circus/aerial arts, AcroYoga, dance, meditation, family reunions, weddings

13 Rooms / up to 30 guests

Views of the ocean, river, and the Sierra Madre mountains

Food for Special Diets

Plant based, gluten free and more

Amazing Facilities

Pool, jacuzzi, river hike, community spaces, eco-excursions

Over 100 Retreats

Successful Group Retreats since 2010

Excellent Customer Service

Our guests leave satisfied and wanting more. Trip Advisor, Google, Facebook, etc.

Focus on creativity, personal expression, and inclusion

Our guests can feel free to be themselves and be seen.

Professional marketing support

We are here to help you.



Our Spaces



Dining Area

Enjoy the company of other guests while overlooking the views of the ocean and river valley.



Guest Lounge

An intimate and cozy place with couches and comfy chairs to relax and read a book, sip some tea or have a quiet conversation. Wifi is available to create a comfortable work space.



Epic Gym

2000 sq ft open air practice space equipped with all of the props for various types of retreats.



Pool & Jacuzzi

Take a dip in our beautiful swimming pool with the best view. Soak in the jacuzzi or relax in the sun or shade.



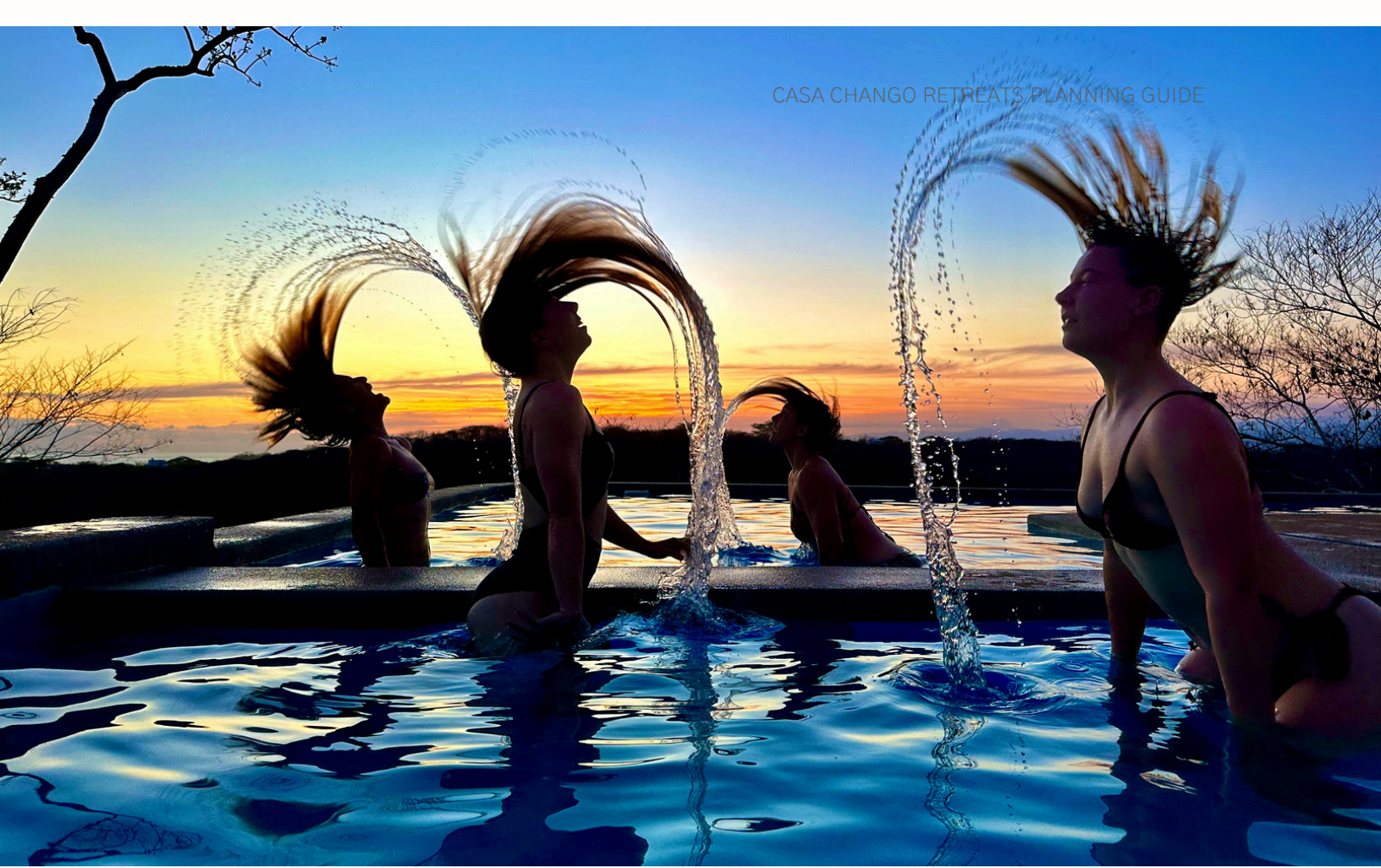
Gardens & Massage Room

Experience fruit trees, flowers, various types of birds & wildlife. We provide a dedicated space for massages and a variety of practitioners available for booking.



Dance & Yoga Studio

Our 775 sq ft dance studio overlooking the beautiful valley has sprung wood floors, mirrors, & air conditioning.



**CASA CHANGO IS SPECIALLY DESIGNED FOR
CREATIVE LIFESTYLE, WELLNESS,
AND PHYSICAL TRAINING RETREATS.**

We nurture a culture of inclusion, personal expression, and authenticity.





WE CATER TO SPECIAL AND PLANT BASED DIETS.

We only serve fresh, local ingredients including plant based ingredients, meat, fish, and vegetarian/vegan options.

Our chefs have crafted a diverse menu for people who care about health and fitness. We also know how to indulge in desserts and treats.



ECO RETREAT CENTER

Remote Getaway Just Outside of Town

Casa Chango is surrounded by nature overlooking a beautiful river valley, with the ocean on one side and the mountains on the other. A 10 minute hike brings you to the Rio Colotepec where you can hike or soak up the warm water. Just a 10 minute taxi ride will take you into town to beaches, markets, nature excursions, and nightlife. Choose your own adventure.



You can feel good about coming to Casa Chango knowing that we give back to the earth.

We run on 100% Solar Power.

Compost toilets & septic filter into the gardens creating zero water waste.

Our Cabanas made from Natural Materials make us feel cooler & happier.

We invite our guests to live closer to nature!

We have Great Wifi



OUR GYM IS MAGNIFICENT

EQUIPMENT LIST

12 rigging points 6.5 m high
Wood floor, mats
Crash mats
Yoga blocks
Yoga mats
Foam rollers

Massage balls
Resistance bands
Exercise balls of all sizes
Sliders for flexibility training
Stall Bars
Rings and TRX
Hand weights & kettle bells



**COMPLIMENT YOUR RETREAT WITH CLASSES,
ACTIVITIES, AND ECO EXCURSIONS.**

Beach trips, baby turtle release, bioluminescent lagoon, horseback rides, surfing,
and zip lines just to name a few.

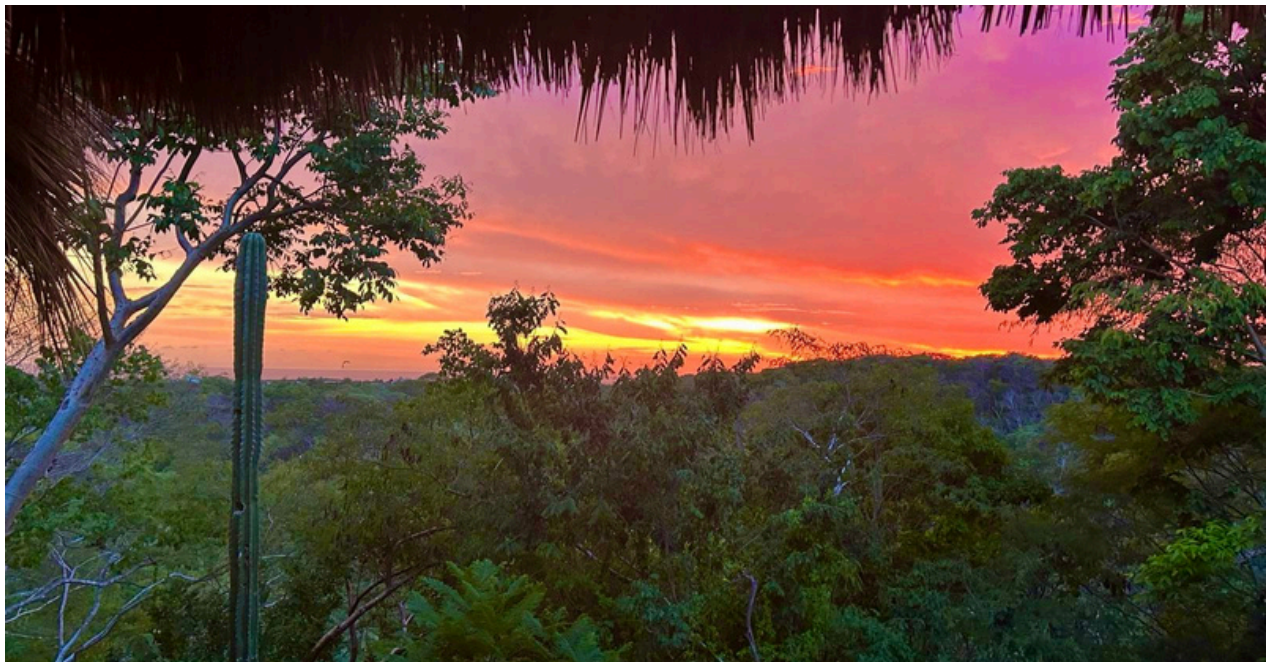


Housing at Casa Chango



Cabanas

All of our cabanas are built with natural materials which keep the rooms cool throughout the day and night.



Views

You will never miss a sunset while you are here. Every evening we are dazzled by nature's magic.

The Rooms

All rooms have ceiling fans, dresser drawers, hanging wracks and wifi.

Private Room / Private Bathroom

King size bed or 2 singles
Private veranda
Private bathroom
Option for Air Conditioning
3 rooms available (1 with AC)



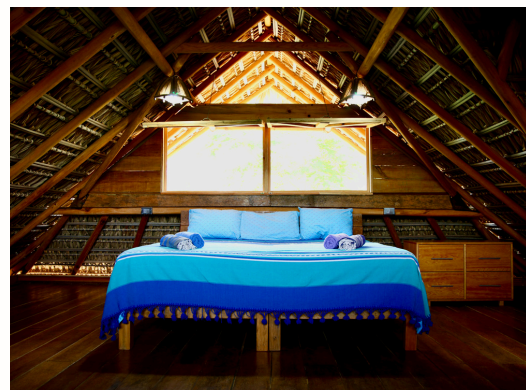
Private Room / Shared Bathroom Ground Floor

King or queen size bed or 2
singles
Shared veranda
Shared bathroom
4 rooms available



Private Room / Shared Bathroom Loft

King size bed
Shared veranda
Shared bathroom
4 rooms available



Shared Dorm

Spacious
4 single beds - up to 4 people
Shared veranda
Shared bathroom
Hammocks & Chairs
2 rooms available



ROOM DETAILS

Casa Chango's 13 rooms can sleep up to 30 people.

See photos and descriptions of rooms [on this page](#).

ALL rooms have great ventilation and fans which keep them cool all day.

Private rooms include a king or queen size bed. King beds can be split into two individual size beds.

Check in is after 2pm on arrival day. Check out is by 10am on departure day.

DORMS

(up to 8 people total)

Our 2 dorms sleep up to 4 people each. Each dorm room has one spacious split bathroom. The 2 dorms share a large veranda with hammocks, plants and chairs.

PRIVATE ROOMS WITH SHARED BATHROOMS

(up to 16 people total)

We have 8 private rooms with shared bathrooms. 4 are on the ground floor and 4 are loft rooms.

4 ground floor rooms share a large veranda with hammocks, plants, and chairs. There are 2 large split bathrooms, one bathroom per 2 rooms. These bathrooms odorless dry composting toilets.

Each room has 1 queen bed, 1 king bed or 2 individual beds

4 loft rooms

2 sets of 2 rooms, Each set of 2 rooms shares a large veranda with a hammock, plants, and chair.

There are 2 large bathrooms, one bathroom per 2 rooms. One of the bathrooms has an odorless dry composting toilet, and the other has a 'normal' toilet with water.

Each room has 1 king bed or 2 individual beds, and a mosquito net.

PRIVATE ROOMS WITH PRIVATE BATHROOMS

(up to 6 people total)

3 rooms each have a private bathroom and semi-private veranda with a chair. The rooms have the option for 1 king bed or 2 individual beds.

AC Option

One of these private rooms has the option of air conditioning for an added fee.

HOW IT WORKS

rates are listed in USD. Payments are made in MXN.

Step 1: Decide on your WORKSHOP FEE. This is how much you would like to make per participant.

We recommend between \$500 - \$800 USD as your workshop fee. This will be the amount you make for each participant. Keep in mind that you'll have to cover the cost of your own flight.

Step 2: Select the rooms you would like to rent and the number of participants you anticipate.

See the chart on the next page for the price per room!

Amount due to Casa Chango:

Add up the price for each room you would like to rent. \$1,000 non-refundable deposit is necessary to reserve the retreat center, and contributes to your overall total due to Casa Chango.

Amount you make:

Multiply your workshop fee by the number of participants you anticipate. If you have fewer than 10 participants, make sure you include a room for yourself in the ones you are renting. Subtract the price of that room from the total.



CASA CHANGO ROOM RATES

AERIAL RETREATS

RETREATS USING AERIAL POINTS OR EQUIPMENT

PER PERSON IN USD FOR A 7 DAY RETREAT

Includes accommodations, meals, use of open air gym, dance/yoga studio, pool, jacuzzi, lounge, round trip airport transport from/to PXM, 24 hour staff support, & selected excursions.

ROOM	SINGLE OCCUPANCY	DOUBLE OCCUPANCY
Dorms (up to 4 people)		FULL DORM (4 people) \$4,900/week
Private Room/ Shared Bathroom	\$1850/person/week	\$1450/person/week
Private Room/ Private Bathroom	\$2150/person/week	\$1600/person/week
Private Room/ Private Bathroom & Air Conditioner	\$2450/person/week	\$1750/person/week



CASA CHANGO ROOM RATES

GROUNDED RETREATS

RETREATS NOT USING ANY AERIAL POINTS OR EQUIPMENT

PER PERSON IN USD FOR A 7 DAY RETREAT

Includes accommodations, meals, use of open air gym, dance/yoga studio, pool, jacuzzi, lounge, round trip airport transport from/to PXM, 24 hour staff support, & selected excursions.

For retreats of more/less than 7 nights, prorate the rates accordingly.

ROOM	SINGLE OCCUPANCY	DOUBLE OCCUPANCY
Dorms (up to 4 people)		FULL DORM (4 people) \$3,600/week
Private Room/ Shared Bathroom	\$1550/person/week	\$1150/person/week
Private Room/ Private Bathroom	\$1850/person/week	\$1300/person/week
Private Room/ Private Bathroom & Air Conditioner	\$2150/person/week	\$1400/person/week



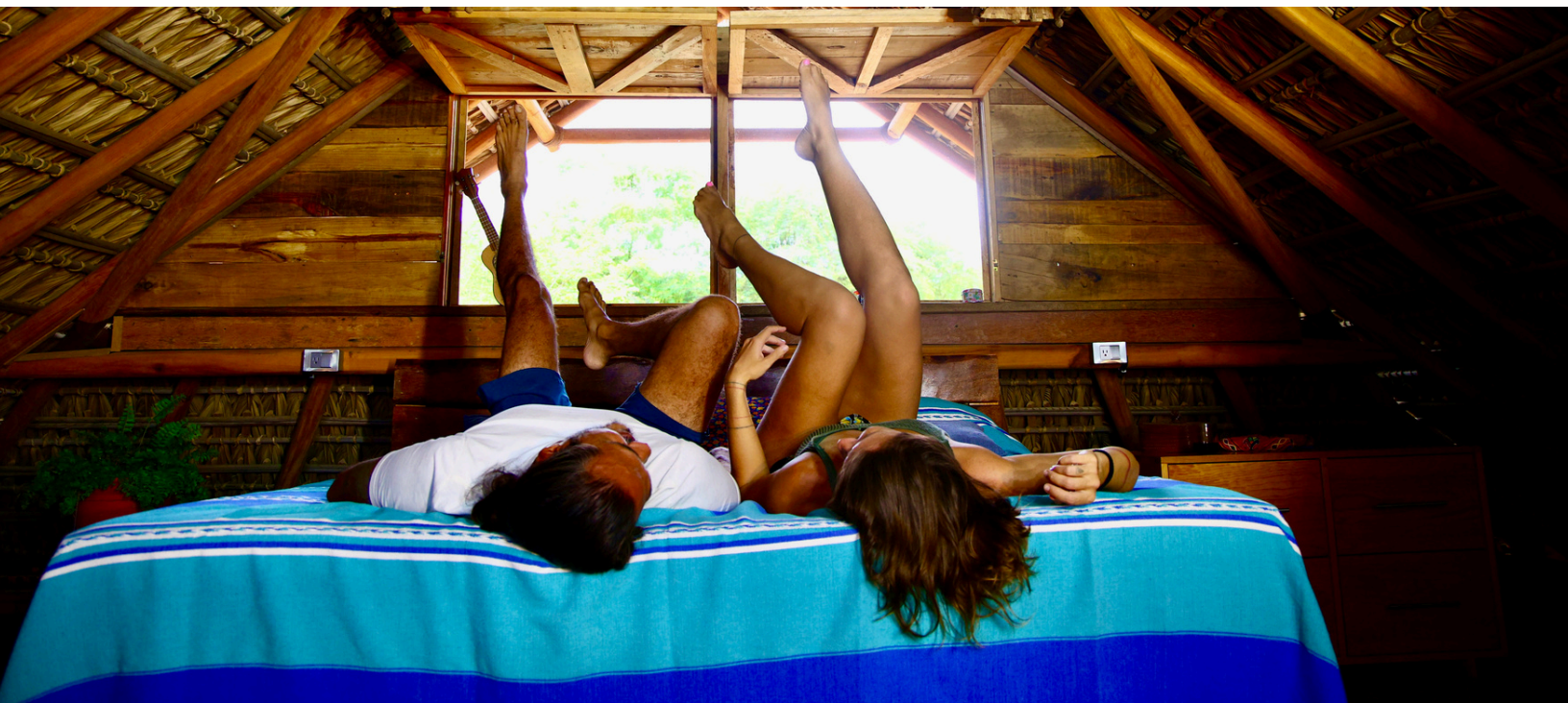
WHAT IS INCLUDED IN THE RATES

RATES INCLUDE:

- accommodations
- 3 delicious & nutritious meals per day
 - Meals begin with dinner on arrival day & end with breakfast on departure day.
- use of all Casa Chango amenities
 - open air gym, air conditioned dance studio, lounge, dining area, river hike, pool, jacuzzi, and massage area
- round trip airport transport from/to PXM airport
- transport for up to 2 beach trips
- transport to the baby turtle release
- transport to the local Mexican night market

EXCELLENT SERVICE

From the moment you and your guests arrive at Casa Chango, the space and our staff make you feel welcome and at home. We create an inclusive community ‘vibe’ that encourages people to relax and truly be themselves. As the retreat leader, you can set the tone for your retreat knowing that our staff will take care of all of the details. This allows everyone to be fully present & enjoy themselves.



TAXIS & EXCURSIONS INCLUDED

AIRPORT SHUTTLE & FLIGHT INFORMATION

Guests should book their tickets to Puerto Escondido airport (PXM). Airport shuttle is included in our prices as long as each person arrives/departs at PXM airport on the designated arrival/departure days for the retreat.

One month before your retreat begins, our customer service staff will send an itinerary form to you and your guests. We will organize and pay for airport taxis for your guests' arrival and departure. This service is provided from/to Puerto Escondido (PXM) airport only.

INCLUDED EXCURSIONS

We include transportation for some of the excursions that our guests love the most for your retreat.

1. Transport to release baby sea turtles (Includes an informational talk. Guests must bring \$200 MXN cash pesos to purchase their own turtle to release into the sea.
2. Night Market transport
3. Transport for up to 2 beach trips



NOT INCLUDED

EXTRA TAXIS

Airport shuttles will not be provided if participants arrive/depart at any other airport except PXM or for arrivals/departures before/after the designated arrival/departure days of the retreat. All participants must fill out our itinerary form no later than 2 weeks before the arrival date.

Participants who would like to go on errands, excursions, tours, beach trips, etc that are not included in the retreat must pay for their own taxis and tours. Our management team will help organize trips.

OTHER EXCURSIONS

Excursions we recommend for your retreat. These excursions must be paid in cash MXN pesos at the time of the tour. Group leader can choose to pay for the excursions and add the amount to the price they charge for the retreat or require participants to pay themselves. See our [excursions page](#) for more details about pricing and availability.

1. Baby Sea Turtles - transport is included, but participants must bring \$200 MXN cash to purchase a turtle to release into the sea.
2. Bioluminescent Lagoon Tour
3. Zip Line Adventure (for your more adventurous guests)
4. Horseback Riding
5. Sunrise Bird Watching Tour

TIPS

Rates do not include gratuities, massages, & alcoholic beverages, are not included. Guests should be advised that staff gratuities are welcomed by cash and should be handed to the manager at check-out. They will be distributed among the staff. Most guests leave an average of \$15 US per night spent at Casa Chango (about \$100 USD/\$2000 MXN for a week retreat).



NOTES ABOUT RATES & PAYMENT

PAYMENT TO CASA CHANGO

Rates are listed in USD. Payments by Group Leader to Casa Chango must be made in Mexican pesos via WISE transfer or other agreed upon wire transfer method using the transfer rate USD-MXN on the date of the transfer. When Group Leader is ready to make the transfer, they must send a payment link request via email.

SIGNIFICANT OTHER & CHILD RATES

- If a participant would like to bring their SO who will not participate in the retreat classes, the rate for those 2 people will be as follows: Rate for The participant must book a PRIVATE room plus \$800 USD for their SO to stay with them in that room.
 - Please note that the \$800 SO rate is Casa Chango's rate. If GL wants to profit from the SO, they will need to upcharge from \$800. This person does **not** count as a 'paid participant' in the total number of participants for the retreat. They count as an extra.
 - Child Rates - Children under 6 years old are free (staying in their parents' room). Children between 6-16 years of age who are sharing their parent's room and not participating in classes can come for \$400 USD per child. This rate does not include child care.
 - These rates apply for children sharing a room with their parent who is a fully paid participant. For children to have their own rooms, the regular room pricing applies.
 - Please note that the \$400 Child rate is Casa Chango's rate. If GL wants to profit from the child, they will need to upcharge from \$400. This person does not count as a 'paid participant' in the total number of participants for the retreat. They count as an extra.
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ADDING MORE ROOMS TO A BOOKING

GL can add more rooms and participants to their booking as needed pending availability. GL must contact CasaChangoRetreats@gmail.com to verify availability before adding to the booking.

BOOKING OPTIONS

Note: We prioritize larger groups for our most popular retreat months.

OPTION 1: BOOKING A FEW ROOMS

See examples in pages below.

If you rent individual rooms with a booking of less than 18 people, please note that you may end up sharing the retreat center with another retreat. Don't worry there is plenty of space!

- You can choose which session you would like each morning in the gym, or switch off each day. Session 1 is from 8:30 - 10:30, session 2 is from 10:45 - 12:45.
 - Afternoon classes may take place at the same time in the gym, with each retreat group using half the space. If that will not work for your retreat needs, we will adjust
 - If you are sharing the space, we will meet with all hosts for the week prior to the start of the retreats to make sure that both groups have their needs well supported for the week.
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OPTION 2: BOOKING THE ENTIRE RETREAT CENTER

See examples in pages below.

If you would like to rent the entire retreat center, we will give you a 10% discount on your total price.

18-30 participants including hosts / 13 rooms total

2 dorms (up to 8 people)

8 private rooms with shared bathrooms (up to 16 people)

3 private rooms with private bathrooms (up to 6 people)

For groups of 18-30 participants including hosts, we offer a 10% discount on the total price plus 2 complimentary rooms for the Group Leaders.

The benefits of booking the entire retreat center is that you and your group can create any ambience and 'vibe' that you want for the week. Keep it calm or go wild! We will support your choices.

EXAMPLE #1

You are planning a **GROUND**ED RETREAT with 12 total guests. You decide to book one full dorm, 3 private rooms with private bathrooms, and 5 private rooms with shared bathrooms, plus one private room (complimentary) for the Group Leader.

Casa Chango fees: 12 people

\$3800 = \$950 x 4 people in the dorm

\$7650 = \$1550 x 5 people in private rooms with shared bathrooms

\$5550 = \$1850 x 3 people in private rooms with private bathrooms

\$17,000 total Casa Chango fees for 12 guests (plus one complimentary room for you). This is the amount you will pay Casa Chango.

Decide on your workshop fee. Our suggested workshop fee per person is between \$600-\$900 USD.

\$9,600 = \$800 x 12 people **This is the amount you make if 12 people sign up.**

ROOM	CASA CHANGO RATE/PERSON	YOUR WORKSHOP FEE	TUITION YOU CHARGE
Dorms (4 people)	\$950	\$800	\$1750
Private Room/ Shared Bathroom	\$1550	\$800	\$2350
Private Room/ Private Bathroom	\$1850	\$800	\$2650



EXAMPLE #2

You are planning an **AERIAL RETREAT** with 15 total paid participants. You decide to book 2 full dorms, 3 private rooms with private bathrooms, and 4 private rooms with shared bathrooms, plus one complimentary room for the Group Leader.

Casa Chango fees: 14 paid participants

\$10,000 = \$1250 x 8 people in the dorm

\$7400 = \$1850 x 4 people in private rooms with shared bathrooms

\$6450 = \$2150 x 3 people in private rooms with private bathrooms

\$24,850 total Casa Chango fees for 15 guests (plus one complimentary room for you). This is the amount you will pay Casa Chango.

Decide on your workshop fee. Our suggested workshop fee per person is between \$600-\$900 USD.

\$10,500 = \$700 x 15 people **This is the amount you make if 15 people sign up.**

ROOM	CASA CHANGO RATE/PERSON	YOUR WORKSHOP FEE	TUITION YOU CHARGE
Dorms (4 people)	\$1250	\$700	\$1950
Private Room/ Shared Bathroom	\$1850	\$700	\$2550
Private Room/ Private Bathroom	\$2150	\$700	\$2850



EXAMPLE #3 BOOKING THE ENTIRE RETREAT CENTER

You are planning a **GROUND**ED RETREAT with 22 total guests. You decide to book 2 full dorms, 4 shared rooms w shared bathrooms, 2 private rooms with shared bathrooms, and 3 private rooms with private bathrooms plus 2 complimentary rooms for the Group Leaders.

Casa Chango fees: 22 people

\$7600 = \$950 x 8 people in the dorm

\$11,600 = \$1450 x 8 people in shared rooms w shared bathrooms

\$4650 = \$1550 x 3 people in private rooms with shared bathrooms

\$5550 = \$1850 x 3 people in private rooms with private bathrooms

~~\$29,400~~ minus 10% = **\$26,460 USD** total Casa Chango fees for 22 guests (plus two complimentary rooms for the leaders). This is the amount you will pay Casa Chango.

Decide on your workshop fee. Our suggested workshop fee per person is between \$600-\$900 USD.

\$17,600 = \$800 x 22 people **This is the amount you make if 22 people sign up.**

ROOM	CASA CHANGO RATE/PERSON	YOUR WORKSHOP FEE	TUITION YOU CHARGE
Dorms (4 people)	\$950	\$800	\$1750
Private Room/ Shared Bathroom	\$1550	\$800	\$2350
Private Room/ Private Bathroom	\$1850	\$800	\$2650



EXAMPLE #4

BOOKING THE ENTIRE RETREAT CENTER

You are planning an **AERIAL RETREAT** with 20 total paid participants. You decide to book 2 full dorms, 3 shared rooms w shared bathrooms, 3 private rooms with shared bathrooms, and 3 private rooms with private bathrooms plus 2 complimentary rooms for the Group Leaders.

Note: We recommend having 2 teachers for aerial retreats of more than 12 students.

Casa Chango fees: 20 paid participants

\$10,000 = \$1250 x 8 people in the dorm

\$8700 = \$1450 x 6 people in shared rooms w shared bathrooms

\$5550 = \$1850 x 3 people in private rooms with shared bathrooms

\$6450 = \$2150 x 3 people in private rooms with private bathrooms

~~\$30,700~~ minus 10% = **\$27,630 USD** total Casa Chango fees for 20 guests (plus 2 complimentary rooms for you). This is the amount you will pay Casa Chango.

Decide on your workshop fee. Our suggested workshop fee per person is between \$600-\$900 USD.

\$14,000=\$700 x 20 people **This is the amount you make if 20 people sign up.**

ROOM	CASA CHANGO RATE/PERSON	YOUR WORKSHOP FEE	TUITION YOU CHARGE
Dorms (4 people)	\$1250	\$700	\$1950
Private Room/ Shared Bathroom	\$1850	\$700	\$2550
Private Room/ Private Bathroom	\$2150	\$700	\$2850



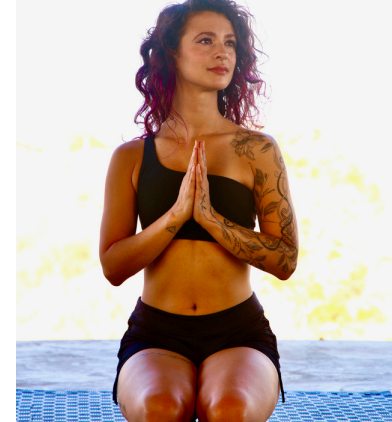
PHOTO SHOOTS

You have the option of adding a morning or evening photo shoot to your retreat.

Photographer and designer of Casa Chango, Stuart, is available if you desire photo shoots. You can add a morning or night photoshoot. The cost is \$250 USD for up to 10 people and \$25 per person after the first 10 people. After the photo shoot, each participant can choose up to 15 photos. The morning photo shoot happens between 7:30-9am. The night photo shoot happens between 8-9:30pm.

Alternatively photos can be taken in/by the pool at sunset.

Here are some examples.



MAKING THE STEP TO BOOK

Casa Chango offers support from our team that will guide and help Retreat Planners through planning and booking steps. We want everyone to achieve their objectives.

FIRST STEPS

Our Reservations team will help the Group Leader find dates for the Retreat and customize the room allotment to fit the group's needs. We recommend planning your retreat about 8-16 months ahead of time. Our fall/winter retreat season fills up quickly. Sometimes we can accommodate last minute bookings for low season retreats. The Retreat Planner will be responsible for their guest's registration and payments. Our team will expect a definitive guest-list with detailed information 2 weeks before arrival.

PROMOTION

Our team provides an exclusive landing page on our website that includes information, dates, photos, registration, and links to the teacher's website and social media. It is Retreat Planner's responsibility to promote the webpage & link it to their online platforms. The page will be listed on Casa Chango's home page and Instagram highlights. We will forward leads directly to the Retreat Planner.

FOLLOW UP

Casa Chango reservations team representatives will follow-up with the group leader every other month to check in about registrations, payments and to offer support and consultation on sales and marketing. Group Leaders can also contact us.

GROUP BOOKING CONDITIONS

GROUP LEADERS BENEFITS

Group leaders that bring a minimum of 10 paying participants receive a complimentary room and meals for one leader. A second leader/assistant is welcome to share their room with an extra fee of \$400 USD. The \$400 fee is waived if there are at least 12 paid participants. If there is a minimum of 15 paid participants, 2 complimentary rooms/meal plans will be offered for the 2 Group Leaders.

CHECK-IN / CHECK-OUT

Most Group Retreats last 7 nights with arrival/departure day on Saturday. Shorter retreats can be accommodated. Check-in is at 2:00 PM / Check-out is by 10:00 AM.

PAYMENT

1. Initial deposit due at booking \$1000 USD.
2. 50% of balance due 3 months before arrival.
3. Full balance due 2 weeks before arrival.

Although prices are listed in USD, payments by Group Leaders to Casa Chango must be made in MXN pesos via WISE transfer using the exchange rate of the day the payment is made. Upon request, Casa Chango will send a payment link. Group Leader is responsible for paying all transfer service fees. Overdue payments result in late fees.

GROUP BOOKING MINIMUMS

Group Leaders must reserve enough rooms for a minimum of 8 paid participants (not including teachers/facilitators). Room allotments may be customized to fit the group's needs based on availability. A full retreat center booking is also possible.

RETREAT PLANNER TAKES RESERVATIONS

The Retreat Planner will be responsible for their guest's registration. We expect a definitive guest-list with detailed information 2 weeks before arrival. As a complimentary service, we will send you contact information of anyone interested in joining your retreat. Casa Chango will not collect payment from your group's participants.

SERVICES

For services such as massages, excursions, alcoholic beverages, guests can pay onsite by cash (Mexican Pesos).

TRAVEL

Guests should book their tickets to Puerto Escondido (PXM) airport. Airport transfer is included with PXM airport only. Another airport option of Huatulco (HUX) is a 1.5 hour drive from Casa Chango and must be paid for by participants.

SITE INSPECTIONS

Still not sure? Come stay with us at a special 20% Retreat Planner discount.

MORE BOOKING DETAILS

CANCELLATION POLICY

All payments received are not refundable. Group cancellations made 90 days prior to check-in will be credited minus a 10% admin fee. The credit is valid for 18 months for lodging only for an available week. There will be no credit if the group cancels less than 90 days in advance, or if any guests does not show up, or leaves early for any reason. Only one reschedule is allowed. Deposit can be transferred to the new retreat dates if cancellation is made at least 5 months prior to arrival.

If the group leader cancels the retreat, it is their responsibility to notify their participants immediately. We highly recommend having your own cancellation policy and make it clear to your participants at the time of registration. Casa Chango is not responsible for communication with participants of cancelled retreats, cancelled flights, or non-attendance by Group Leader or participants.

HOLDING DEPOSIT

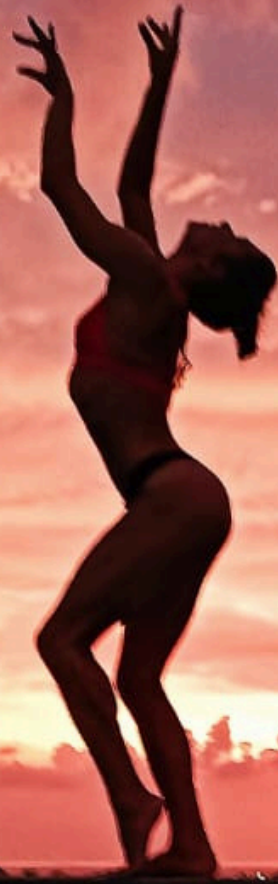
The Holding Deposit will be applied toward the total amount due for the booking. The Holding Deposit is non-refundable should the event be canceled for any reason.

IMPORTANT EXEMPTION FROM LIABILITY

Casa Chango coordinates third party taxis for airport pick up and drop off. We do not provide the service ourselves. By choosing this service for you retreat and sending us your flight information, you are agreeing to exempt Casa Chango of any liability whatsoever due to accidents or damages that might occur while using this service.



Let yourself shine!



When you are ready to book,

[CLICK HERE](#)

CasaChangoMexico.COM
CasaChangoRetreats@gmail.com
Puerto Escondido, Oaxaca, Mexico